



# HYSAN Island Hike and Run 2023

November 5, 2023

## 19km Individual Overall Timing



Overall Ranking	Race #	Last Name	First Name	Nationality	Team / Sponsor	CP 1	Split	CP 2	Split	Finish Time	Cat Position	Category
1	109	Carey	Matthew	UK	KipMovin	01:08:00	00:13:00	01:21:00	00:37:29	01:58:29	1	Men 18-39
2	111	Montfort	Louis	France	-	01:11:00	00:14:00	01:25:00	00:41:32	02:06:32	2	Men 18-39
3	204	Zagury	Alan	France	-	01:15:00	00:15:00	01:30:00	00:41:20	02:11:20	1	Men 40-49
4	159	Dalling	Will	South Africa	-	01:16:00	00:18:00	01:34:00	00:41:59	02:15:59	2	Men 40-49
5	206	Mcmillan	Gregor	UK	-	01:22:00	00:16:00	01:38:00	00:43:23	02:21:23	3	Men 18-39
6	217	Bouchoucha	Sadri	France	-	01:22:00	00:14:00	01:36:00	00:49:19	02:25:19	4	Men 18-39
7	199	Craddock	Joshua	UK	-	01:25:00	00:16:00	01:41:00	00:45:38	02:26:38	5	Men 18-39
8	164	Lim	Katherine	HKSAR	Greenobo	01:25:00	00:15:00	01:40:00	00:48:35	02:28:35	1	Women 18-39
9	240	Perez Carpena	Juan	Spain	A to trapo	01:27:00	00:18:00	01:45:00	00:44:55	02:29:55	1	Men 50+
10	255	Lui	Lung Fai	HKSAR	-	01:30:00	00:17:00	01:47:00	00:43:32	02:30:32	6	Men 18-39
11	226	Bhattarai	Bhesh Raj	Nepal	HKNUTRA	01:27:00	00:20:00	01:47:00	00:45:01	02:32:01	7	Men 18-39
12	214	Lemardeley	Eleazar	France	-	01:25:00	00:17:00	01:42:00	00:51:02	02:33:02	8	Men 18-39
13	156	Wong	Ka Wing	HKSAR	-	01:31:00	00:19:00	01:50:00	00:43:26	02:33:26	9	Men 18-39
14	201	Mcdonnell	Matt	New Zealand	-	01:24:00	00:18:00	01:42:00	00:51:52	02:33:52	3	Men 40-49
15	157	Samonte	Charlie	Philippines	-	01:29:00	00:17:00	01:46:00	00:49:26	02:35:26	4	Men 40-49
16	223	Maunier	Pierre	France	-	01:30:00	00:18:00	01:48:00	00:48:35	02:36:35	10	Men 18-39
17	228	Sizaire	Thomas	France	-	01:27:00	00:18:00	01:45:00	00:52:27	02:37:27	11	Men 18-39
18	269	Cross	Adam	UK	-	01:27:00	00:20:00	01:47:00	00:53:54	02:40:54	12	Men 18-39
19	162	Cheong	King Cheong	HKSAR	-	01:32:00	00:19:00	01:51:00	00:50:09	02:41:09	5	Men 40-49
20	250	Leung	Dick	HKSAR	-	01:34:00	00:19:00	01:53:00	00:49:00	02:42:00	13	Men 18-39
21	263	Tahiri	Mourad	France	-	01:34:00	00:18:00	01:52:00	00:52:14	02:44:14	2	Men 50+
22	272	Ilyn Vaso	Alina	Philippines	-	01:29:00	00:23:00	01:52:00	00:54:22	02:46:22	2	Women 18-39
23	234	Lam	Bing Chuen	HKSAR	-	01:35:00	00:19:00	01:54:00	00:52:27	02:46:27	6	Men 40-49
24	116	Fung	Steven	UK	-	01:33:00	00:18:00	01:51:00	00:56:53	02:47:53	7	Men 40-49
25	257	Chan	Min Hayden	HKSAR	-	01:34:00	00:19:00	01:53:00	00:55:04	02:48:04	3	Men 50+
26	207	King	Law	HKSAR	-	01:36:00	00:19:00	01:55:00	00:53:31	02:48:31	14	Men 18-39
27	171	李	啟楠	HKSAR	-	01:36:00	00:17:00	01:53:00	00:57:50	02:50:50	15	Men 18-39
28	227	Lau	Summer	HKSAR	-	01:38:00	00:19:00	01:57:00	00:55:35	02:52:35	8	Men 40-49
29	241	Magaz Casado	Fernando	Spain	Kipmovin	01:31:00	00:20:00	01:51:00	01:01:46	02:52:46	9	Men 40-49
30	270	Geniusas	Saulius	Lithuania	-	01:31:00	00:24:00	01:55:00	00:58:32	02:53:32	10	Men 40-49
31	202	Noble	Graham	Canada	-	01:32:00	00:22:00	01:54:00	01:00:02	02:54:02	11	Men 40-49
32	192	Bruneau	Sebastien	France	-	01:43:00	00:19:00	02:02:00	00:53:59	02:55:59	12	Men 40-49
33	216	Oates	Alan	UK	-	01:33:00	00:21:00	01:54:00	01:02:25	02:56:25	13	Men 40-49
34	200	Viitala	Antti	Finland	-	01:41:00	00:22:00	02:03:00	00:53:30	02:56:30	16	Men 18-39



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35	123	Ko	Chung Kwong	HKSAR	-	01:40:00	00:21:00	02:01:00	00:57:13	02:58:13	14	Men 40-49
36	221	Leung	Kwok Hung	HKSAR	-	01:42:00	00:22:00	02:04:00	00:56:30	03:00:30	15	Men 40-49
37	134	Lenan	Oliver	UK	-	01:54:00	00:08:00	02:02:00	00:59:39	03:01:39	17	Men 18-39
38	103	Wu	Po Ling	HKSAR	-	01:41:00	00:20:00	02:01:00	01:02:10	03:03:10	1	Women 50+
39	273	Sandes	Robert	UK	-	01:36:00	00:22:00	01:58:00	01:05:59	03:03:59	18	Men 18-39
40	197	Heraude	Michael	France	-	01:41:00	00:17:00	01:58:00	01:07:27	03:05:27	16	Men 40-49
41	119	Lau	Ka Meng	HKSAR	-	01:43:00	00:21:00	02:04:00	01:01:57	03:05:57	1	Women 40-49
42	219	Dong	Nan	HKSAR	-	01:44:00	01:22:00	03:06:00	00:02:57	03:08:57	3	Women 18-39
43	254	Sy	Wai Kit	HKSAR	-	01:43:00	01:25:00	03:08:00	00:02:12	03:10:12	19	Men 18-39
44	264	Kontar	Ayoub	France	-	01:45:00	01:24:00	03:09:00	00:02:00	03:11:00	20	Men 18-39
45	259	Leung	Hau Yi	HKSAR	-	01:49:00	00:21:00	02:10:00	01:01:12	03:11:12	4	Women 18-39
46	195	Diego	Alvin	Philippines	Team Kr	01:43:00	01:26:00	03:09:00	00:02:33	03:11:33	4	Men 50+
47	218	Du	Yiwen	HKSAR	-	01:44:00	01:25:00	03:09:00	00:02:52	03:11:52	21	Men 18-39
48	258	Makszin	Agost A.	Hungary	-	01:32:00	00:17:00	01:49:00	01:25:35	03:14:35	17	Men 40-49
49	235	Mananguit	Harriet	Philippines	-	01:49:00	00:24:00	02:13:00	01:02:08	03:15:08	5	Women 18-39
50	210	Kapasi	Mushtaq	US	-	01:51:00	00:20:00	02:11:00	01:04:58	03:15:58	18	Men 40-49
51	198	Rogers	Jack	UK	Team Jack and Seb	01:45:00	01:24:00	03:09:00	00:09:16	03:18:16	22	Men 18-39
52	225	Tsau	Luke	HKSAR	Oxyone	01:56:00	00:26:00	02:22:00	01:00:13	03:22:13	19	Men 40-49
53	167	Chan	Ray	HKSAR	-	01:57:00	00:21:00	02:18:00	01:04:47	03:22:47	20	Men 40-49
54	166	Tong	Matthew	HKSAR	-	01:52:00	00:25:00	02:17:00	01:06:21	03:23:21	5	Men 50+
55	180	Lense	Andre	Germany	-	01:52:00	00:25:00	02:17:00	01:09:33	03:26:33	21	Men 40-49
56	215	Snaitth	Kristina Kelly	UK	-	01:52:00	00:25:00	02:17:00	01:09:33	03:26:33	6	Women 18-39
57	213	Béchemin	David	France	-	01:44:00	01:25:00	03:09:00	00:18:29	03:27:29	22	Men 40-49
58	233	Park	Clarinda	Philippines	-	01:52:00	00:25:00	02:17:00	01:11:19	03:28:19	2	Women 40-49
59	137	Zhang	Han	HKSAR	-	01:57:00	00:20:00	02:17:00	01:11:55	03:28:55	23	Men 40-49
60	148	Ha	Terri	HKSAR	-	02:05:00	00:21:00	02:26:00	01:03:13	03:29:13	7	Women 18-39
61	129	Chan	Siu Wai Charles	HKSAR	Bigpack	01:57:00	00:24:00	02:21:00	01:08:36	03:29:36	23	Men 18-39
62	261	Kwok	Chi Yan	HKSAR	-	02:02:00	00:23:00	02:25:00	01:05:00	03:30:00	8	Women 18-39
63	220	Wong	Suk Kwan	HKSAR	-	02:01:00	00:24:00	02:25:00	01:05:21	03:30:21	3	Women 40-49
64	222	Chan	Tsz Wo	Singapore	-	02:07:00	00:22:00	02:29:00	01:02:04	03:31:04	24	Men 18-39
65	267	Gurung	Parbat	Nepal	-	02:02:00	00:25:00	02:27:00	01:04:32	03:31:32	24	Men 40-49
66	232	Puhi	Diana Rose	Philippines	-	02:01:00	00:24:00	02:25:00	01:07:04	03:32:04	9	Women 18-39
67	182	Walters	Andrew	UK	-	01:58:00	00:24:00	02:22:00	01:11:09	03:33:09	25	Men 40-49
68	168	Ngan	Wing Kong	HKSAR	-	01:58:00	00:25:00	02:23:00	01:10:22	03:33:22	25	Men 18-39



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69	229	Buil	Judith	Germany	-	01:57:00	00:24:00	02:21:00	01:12:31	03:33:31	10	Women 18-39
70	230	Buil	Axel	Germany	-	01:57:00	00:24:00	02:21:00	01:12:31	03:33:31	26	Men 18-39
71	169	Li	Leibin	China	-	01:52:00	00:25:00	02:17:00	01:21:18	03:38:18	27	Men 18-39
72	147	Bailey	Tim	US	-	01:57:00	00:25:00	02:22:00	01:16:37	03:38:37	6	Men 50+
73	268	Fan	Xujie	US	-	01:56:00	00:25:00	02:21:00	01:19:50	03:40:50	2	Women 50+
74	139	Liu	Kwai Ting	HKSAR	-	02:03:00	00:27:00	02:30:00	01:10:58	03:40:58	7	Men 50+
75	135	Leung	Yu Cheong	HKSAR	-	02:03:00	00:27:00	02:30:00	01:10:58	03:40:58	8	Men 50+
76	266	Liu	Wai Shun Wilson	HKSAR	-	01:45:00	00:25:00	02:10:00	01:32:54	03:42:54	28	Men 18-39
77	248	Ikeya	Hiroshi	Japan	-	01:57:00	00:28:00	02:25:00	01:19:22	03:44:22	9	Men 50+
78	187	Mo	Fung Pui	HKSAR	-	02:05:00	00:28:00	02:33:00	01:11:30	03:44:30	4	Women 40-49
79	177	Hwang	Khanh	Australia	-	01:57:00	00:28:00	02:25:00	01:19:43	03:44:43	26	Men 40-49
80	165	Chau	Henry	HKSAR	-	01:58:00	00:26:00	02:24:00	01:20:54	03:44:54	27	Men 40-49
81	175	肖	欣	China	-	02:04:00	00:26:00	02:30:00	01:15:09	03:45:09	29	Men 18-39
82	239	Zin	Shing Kwan	HKSAR	-	02:15:00	00:25:00	02:40:00	01:06:21	03:46:21	28	Men 40-49
83	238	Tam	Leona	China	-	02:15:00	00:25:00	02:40:00	01:06:39	03:46:39	11	Women 18-39
84	152	Cheng	Kwok Kuen	HKSAR	-	02:04:00	00:25:00	02:29:00	01:17:56	03:46:56	30	Men 18-39
85	172	Kwong	Ho Fai	HKSAR	-	02:05:00	00:25:00	02:30:00	01:17:08	03:47:08	31	Men 18-39
86	209	Bao	Robert	HKSAR	-	02:08:00	00:25:00	02:33:00	01:14:43	03:47:43	10	Men 50+
87	133	Adrian	Vivien	Germany	-	02:02:00	00:27:00	02:29:00	01:19:26	03:48:26	12	Women 18-39
88	237	Padasas	Lea	Philippines	SLHFG	02:01:00	00:24:00	02:25:00	01:23:38	03:48:38	3	Women 50+
89	211	Chan	Desmond	HKSAR	-	02:04:00	00:29:00	02:33:00	01:15:43	03:48:43	32	Men 18-39
90	122	Jain	Ishan	France	-	02:05:00	00:25:00	02:30:00	01:18:54	03:48:54	33	Men 18-39
91	121	Mann	Jessica	UK	-	02:05:00	00:25:00	02:30:00	01:19:01	03:49:01	13	Women 18-39
92	150	赵	梓淇	China	-	02:02:00	00:24:00	02:26:00	01:24:18	03:50:18	34	Men 18-39
93	242	Cheung	Dennis Ck	HKSAR	-	02:10:00	00:19:00	02:29:00	01:21:42	03:50:42	11	Men 50+
94	106	Lam	Wai	HKSAR	-	02:05:00	00:24:00	02:29:00	01:22:15	03:51:15	12	Men 50+
95	188	Fung	Kwok Wai Lampson	HKSAR	-	02:08:00	00:27:00	02:35:00	01:16:32	03:51:32	13	Men 50+
96	143	Wing Shing	Wong	HKSAR	-	02:10:00	00:24:00	02:34:00	01:17:40	03:51:40	35	Men 18-39
97	132	Yau	Chung Sau	HKSAR	-	02:08:00	00:22:00	02:30:00	01:23:52	03:53:52	14	Men 50+
98	146	Lam	Kelvin	HKSAR	-	02:05:00	00:29:00	02:34:00	01:24:22	03:58:22	36	Men 18-39
99	262	Davies	Joshua	US	-	02:02:00	00:28:00	02:30:00	01:28:56	03:58:56	29	Men 40-49
100	265	Tamamg	Anjali	India	-	02:11:00	00:24:00	02:35:00	01:05:59	03:40:59	14	Women 18-39
101	271	Rose Geniusas	Anna	Philippines	-	02:16:00	00:19:00	02:35:00	01:05:59	03:40:59	15	Women 18-39
102	112	Macapundag	Nurmie	Philippines	-	02:18:00	00:24:00	02:42:00	00:59:26	03:41:26	4	Women 50+



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103	158	Montalbo	Paul Francis	Philippines	BIGPACK HK	02:15:00	00:31:00	02:46:00	00:56:50	03:42:50	37	Men 18-39
104	189	Printz	Benedict	Germany	-	02:05:00	00:25:00	02:30:00	01:33:42	04:03:42	38	Men 18-39
105	141	Duan	Jingen	China	-	02:17:00	00:15:30	02:32:30	01:31:24	04:03:54	15	Men 50+
106	205	Chan	Yi Xing	Singapore	-	02:03:00	00:30:00	02:33:00	01:31:31	04:04:31	30	Men 40-49
107	246	Yeung	Megan	HKSAR	-	02:17:00	00:29:00	02:46:00	01:18:48	04:04:48	5	Women 40-49
108	185	Born	Sebastian	Germany	-	02:03:00	00:26:00	02:29:00	01:37:08	04:06:08	39	Men 18-39
109	179	Cho	Yim Kan	HKSAR	-	02:11:00	00:23:00	02:34:00	01:32:32	04:06:32	16	Men 50+
110	256	Chan	Edam	HKSAR	-	02:08:00	00:26:00	02:34:00	01:33:06	04:07:06	40	Men 18-39
111	203	Tiong	Yijia	HKSAR	-	02:19:00	00:26:00	02:45:00	01:23:51	04:08:51	16	Women 18-39
112	186	Hu	Yi Na	HKSAR	-	02:18:00	00:27:00	02:45:00	01:24:10	04:09:10	17	Women 18-39
113	113	Queddeng	Emma Ruth	Philippines	-	02:19:00	00:25:00	02:44:00	01:25:15	04:09:15	18	Women 18-39
114	243	Choi	Eric	HKSAR	-	02:15:00	00:31:00	02:46:00	01:23:45	04:09:45	31	Men 40-49
115	101	Campbell	Silas	UK	-	02:19:00	00:31:00	02:50:00	01:21:48	04:11:48	41	Men 18-39
116	149	Lam	Chung Chuen	HKSAR	-	02:12:00	00:23:00	02:35:00	01:39:03	04:14:03	42	Men 18-39
117	178	Rendell	Alisdair	UK	-	02:09:00	00:28:00	02:37:00	01:39:32	04:16:32	32	Men 40-49
118	153	Cheng	Kit Yee Katy	HKSAR	-	02:27:00	00:29:00	02:56:00	01:20:32	04:16:32	19	Women 18-39
119	154	So	Wai Chung	HKSAR	-	02:27:00	00:29:00	02:56:00	01:20:32	04:16:32	43	Men 18-39
120	247	Cheng	Yuen Ki	HKSAR	-	02:27:00	00:30:00	02:57:00	01:21:23	04:18:23	20	Women 18-39
121	224	Wang	Lin	HKSAR	-	02:18:00	00:30:00	02:48:00	01:30:34	04:18:34	21	Women 18-39
122	193	Nabuab	Fenelyn	Philippines	Team KR	02:19:00	00:29:00	02:48:00	01:30:40	04:18:40	6	Women 40-49
123	194	Andico	Alan	Philippines	Team KR	02:19:00	00:29:00	02:48:00	01:30:42	04:18:42	33	Men 40-49
124	251	Au	Wing Lam Natalie	HKSAR	-	02:28:00	00:30:00	02:58:00	01:21:39	04:19:39	22	Women 18-39
125	252	Fong	Cheong Ching	HKSAR	-	02:28:00	00:30:00	02:58:00	01:21:39	04:19:39	23	Women 18-39
126	253	Miu	Sin Yan	HKSAR	-	02:28:00	00:30:00	02:58:00	01:21:39	04:19:39	24	Women 18-39
127	183	Shing Mong	Wong	HKSAR	-	02:11:00	00:27:00	02:38:00	01:42:08	04:20:08	17	Men 50+
128	170	董	侃	China	-	02:22:00	00:30:00	02:52:00	01:33:44	04:25:44	25	Women 18-39
129	117	Wheelan	Andrew	Australia	-	02:22:00	00:30:00	02:52:00	01:41:02	04:33:02	18	Men 50+
130	181	Pienaar	Ross	South Africa	-	02:19:00	00:30:00	02:49:00	01:48:09	04:37:09	34	Men 40-49
131	196	Diego	Jilenea	Philippines	Team KR	02:50:00	00:30:00	03:20:00	01:20:25	04:40:25	7	Women 40-49
132	142	Chan	Hei Wa	HKSAR	-	02:35:00	00:28:00	03:03:00	01:46:56	04:49:56	35	Men 40-49
133	140	Duan	Xiaotong	China	-	02:27:00	00:35:00	03:02:00	01:48:45	04:50:45	26	Women 18-39
134	231	Long	Dirk	US	-	02:15:00	00:35:00	02:50:00	02:05:30	04:55:30	19	Men 50+
135	249	Lau	Pui Yu	HKSAR	-	02:59:00	00:32:00	03:31:00	02:26:14	05:57:14	44	Men 18-39
136	174	Chi Fung	Leung	HKSAR	-	03:23:00	00:32:00	03:55:00	02:28:00	06:23:00	36	Men 40-49



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137	176	Ho	Yat Kiu	HKSAR	-	03:23:00	00:32:00	03:55:00	02:28:00	06:23:00	45	Men 18-39
138	212	Humphries	Maurice	UK	-	02:09:00	00:06:00	02:15:00	-	-	DNF	Men 50+
139	102	Lee	Ka Kit	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
140	104	Mak	Chun Yin	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
141	105	Suen	Wai Lun	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
142	107	Zhou	Jonathan	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
143	110	Li	Robert	HKSAR	-	-	-	-	-	-	DNS	Men 40-49
144	114	Ho	Ki	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
145	115	Yu	Candy	HKSAR	MRZ健跑空間	-	-	-	-	-	DNS	Women 50+
146	118	Li	Hing Kwai	HKSAR	SMC	-	-	-	-	-	DNS	Men 50+
147	120	Nugent	Cathal	Ireland	-	-	-	-	-	-	DNS	Men 18-39
148	124	Chen	Hsiao Wei	Canada	-	-	-	-	-	-	DNS	Women 18-39
149	125	Tavares	Nuno	Portugal	-	-	-	-	-	-	DNS	Men 40-49
150	126	Fournier	Knut	France	-	-	-	-	-	-	DNS	Men 18-39
151	127	Wong	Chor Kuen	HKSAR	-	-	-	-	-	-	DNS	Men 50+
152	130	Jia	Jason	Australia	Bix	-	-	-	-	-	DNS	Men 40-49
153	131	Ahmad	Jamil	Pakistan	HSBC AMHK	-	-	-	-	-	DNS	Men 40-49
154	136	Yuen	Yiu Tung	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
155	138	Cheung	To	China	-	-	-	-	-	-	DNS	Men 40-49
156	144	Barat	Aurelie	France	-	-	-	-	-	-	DNS	Women 18-39
157	145	Aleixo	Rafael	Other...	-	-	-	-	-	-	DNS	Men 18-39
158	151	Crockford	Jim	UK	-	-	-	-	-	-	DNS	Men 40-49
159	155	Muthupalaniappa	Muthucarupan	India	-	-	-	-	-	-	DNS	Men 18-39
160	163	Yu	Johnny	HKSAR	-	-	-	-	-	-	DNS	Men 50+
161	173	Fan	Pius	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
162	184	Oggioni	Chiara	Italy	-	-	-	-	-	-	DNS	Women 18-39
163	191	Meng	Xiaoning	HKSAR	-	-	-	-	-	-	DNS	Men 40-49
164	208	Baldo	Mathieu	France	-	-	-	-	-	-	DNS	Men 40-49
165	236	Babilon	Al	France	-	-	-	-	-	-	DNS	Men 18-39
166	244	Bee	Hai Chun	HKSAR	-	-	-	-	-	-	DNS	Men 50+
167	260	Chan	Iris	HKSAR	-	-	-	-	-	-	DNS	Women 40-49